

# 1-DAY COURSE



## APPROACH AND COMMON SURGERIES OF THE HIP FOR THE GENERAL PRACTITIONER

Pathologic changes to the hip are common, are you comfortable with the surgical approaches and how to execute various surgical procedures? Having a firm understanding of how to treat some of the most common disorders and injuries of the hip can add a niche to your practice. Our expert surgeons will come to your hospital and teach you how to quickly diagnose hip problems using the signalment, orthopedic examination, and radiographic findings in this 1-day

course. This interactive course will include both lectures and laboratories where participants will learn about hip dysplasia and early management with a juvenile pelvic symphysiodesis (JPS). Conditions necessitating a femoral head and neck ostectomy (FHO) will be covered as well as a hands-on based approach to execution of the FHO. Hip

luxations and reduction/toggle techniques will be covered. Participants will have the ability to perform a JPS, FHO, and toggle procedure on cadavers with attention on the craniolateral approach to the hip to minimize soft tissue trauma. Post-operative radiographs will be taken to assess the appropriateness of the FHO and toggle repair.

8:00a	Hip Dysplasia: Pathophysiology, Diagnosis and Treatment Lecture
8:50a	Break
9:00a	Laboratory 1 – Approach to the pubis and JPS (cadaveric specimens)
10:00a	Cranio-lateral approach to the hip Lecture
10:30a	Legg-Calve-Perthes Disease/Slipped Capital Epiphysis/Neck Fractures Lecture
11:00a	Laboratory 2 – Cranio-lateral approach to the hip Demo (cadaveric specimens)
11:15a	Laboratory 3 – Cranio-lateral approach to the hip (cadaveric specimens)
12:00p	Lunch

## LEARNING OBJECTIVES

1. Understand how to recognize patients with “at risk” factors for hip dysplasia
2. Learn the approach to the pubis and how to perform a JPS how to diagnose, and plan the surgical management for a JPS
3. Recognize the importance of tissue handling and the cranio-lateral approach to the hip
4. Learn how to correctly perform an FHO
5. Learn how to correctly reduce a luxated hip and stabilize with a toggle procedure

12:45p	Laboratory 4 – Femoral head and neck ostectomy Demo (cadaveric specimens)
1:00p	Laboratory 5 – Femoral head and neck ostectomy right hip (cadaveric specimens & post-op rads)
1:45p	Laboratory 6 – Femoral head and neck ostectomy left hip (cadaveric specimens & post-op rads)
2:30p	Hip Luxation – Etiology/Diagnosis/Management Lecture
3:00p	Break
3:15p	Laboratory 7 – Toggle pin placement Demo (cadaveric specimens)
4:00p	Laboratory 8 – Toggle pin placement right hip (cadaveric specimens & post-op rads)
4:45p	Laboratory 9 – Toggle pin placement left hip (cadaveric specimens & post-op rads)
5:30p	Radiographic assessment of FHO and Toggle Lecture
6:00	Conclusion of Course

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